Online

MASTER OF MARRIAGE AND FAMILY THERAPY

MEDICAL FAMILY THERAPY TRACK

60 Credit Hours

Admission Requirements:

- Completed application and application fee
- Official transcripts from accredited undergraduate degree
- Overall undergraduate GPA of 3.0 or higher, probationary status may be granted
- Three letters of recommendation
- Written purpose statement
- A video conference interview with the program director may be requested

Cost:

- Per Credit - $825
- Per Internship Credit - $470
- Resource Fee - $200 per non-internship course
- Total Tuition - $48,495

Master of Marriage and Family Therapy
MEDICAL FAMILY THERAPY TRACK

ABILENE CHRISTIAN UNIVERSITY

Curriculum:

MFTO 601: Pre-Internship
Combined practicum and lecture format. Students gain counseling experience through role-playing with each other. Emphasis is placed on basic counseling skills as well as awareness of students' own family of origin.

MFTO 610: Couples Therapy
An introduction to the theories and techniques of marriage and family therapy as applied to the work of those persons who deal primarily with couples.

MFTO 615: Research Methods in Family Therapy
This course will introduce students to both quantitative and qualitative research methodologies utilized in marriage and family therapy research. Students will critique the use of these methodologies and engage in making research decisions as they design their own research proposal. Students will understand ethical issues in conducting research with human subjects and be introduced to data analysis procedures.

MFTO 634: Addictive Disorders
Designed to address the spectrum of addictive disorders (chemicals, relationships, food and sex) with the focus on the biological, social and psychological aspects of the addictive process. Emphasis will include diagnosis and treatment strategies from a systemic perspective.

MFTO 639: Family Theory
A comprehensive exploration of theory in family studies and therapy. The role of theory in empirical investigation, conceptual framework, and strategies of theory building useful in the interdisciplinary study of marriage and family behavior will be examined.

MFTO 641: Family Therapy I
A study of supportive counseling principles and methodology in the area of functional family problems and needs. A systems approach will be utilized.

MFTO 643: Professional Ethics and the Law
A survey of the professional ethics and laws relative to the practice of marriage and family therapy

MFTO 645: Systemic Diagnosis & Assessment
This course is a study of psychopathology, diagnosis, and assessment in a biopsychosocial-spiritual context. Students will learn how to use the DSM and assessment instruments in diagnosing and assessing psychopathology, as well as learning systemic ways of assessment in individual, couple, and family contexts

MFTO 651: Sexual Therapy
The Christian-oriented implementation of contemporary sexual therapy in formal and informal settings.

MFTO 661: Family Therapy II
Intense exposure to at least three currently-practiced modalities of Family Therapy.

MFTO 662: Family Life Cycle
Equipping the marriage and family student with an understanding of how to integrate the individual, marital and family developmental cycles into clinical case conceptualization, diagnosis and treatment.

MFTO 663: Cultural Diversity in Family Therapy
This experiential course will explore areas of cultural diversity relevant to gender, ethnicity, and class in psychotherapy practice, with an emphasis on developing cultural competence, sensitivity, and awareness. Other dimensions of diversity may be covered to a lesser extent.

MFTO 670: Introduction to Medical Family Therapy
This course consists of an introduction to the field of medical family therapy including a review of its history of development, current practice and research, an overview of medical terminology, and social trends and public policy that impact the practice of medical family therapy.

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MFTO 671: Medical Family Therapy Theory, Practice, and Research
This course builds on the foundation of MFT theories and explores the theoretical foundations of Medical Family Therapy and collaborative healthcare. Models of Medical Family Therapy are presented, and students are expected to demonstrate conceptual understanding of each. Emphasis is on an understanding of the biopsychosocial-spiritual model.

MFTO 675: Interventions in Medical Family Therapy
This course will focus on specific interventions utilized in the practice of medical family therapy including those that emphasize the mind-body-spirit connection. Emphasis will be given to establishing successful collaborative working relationships with others in the treatment system, including doctors, nurses, social workers, and psychiatrists.

MFTO 697: Ecology of Trauma and Crisis for the Therapist
A study of the interrelationship between systemic explanations of trauma and crisis and how they impact the psychotherapeutic practice and world view of the therapist.

MFTO 602: Internship I
Supervised practice in marriage and family therapy. Emphasis on a wide variety of experience.

MFTO 603: Internship II
Supervised practice in marriage and family therapy. Emphasis on a wide variety of experience.

MFTO 604: Internship III
Supervised practice in marriage and family therapy. Emphasis on a wide variety of experience.

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MFTO 609: Internship VIII
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MASTER OF MARRIAGE AND FAMILY THERAPY

TREATMENT OF TRAUMA TRACK

60 Credit Hours

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Master of Marriage and Family Therapy
TREATMENT OF TRAUMA TRACK

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MFTO 630: Trauma Intervention Models
A study of the common interventions used in treating trauma.

MFTO 634: Addictive Disorders
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The Christian-oriented implementation of contemporary sexual therapy in formal and informal settings.

MFTO 655: Systemic Trauma and Violence
This course will provide students with a systemic approach to the presence of trauma and violence in relationships. Emphasis will be placed on intimate partner violence and abuse across the life cycle. Issues of spirituality and resiliency will also be explored.

MFTO 657: Assessment and Treatment of Family Violence
A study of family violence with an emphasis on assessment and treatment informed by a biopsychosocial-spiritual paradigm.

MFTO 661: Family Therapy II
Intense exposure to at least three currently-practiced modalities of Family Therapy.

MFTO 662: Family Life Cycle
Equipping the marriage and family student with an understanding of how to integrate the individual, marital and family developmental cycles into clinical case conceptualization, diagnosis and treatment.

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Curriculum:

MFTO 663: Cultural Diversity in Family Therapy
This experiential course will explore areas of cultural diversity relevant to gender, ethnicity, and class in psychotherapy practice, with an emphasis on developing cultural competence, sensitivity, and awareness. Other dimensions of diversity may be covered to a lesser extent.

MFTO: 697 Ecology of Crisis & Trauma for the Therapist
A study of the interrelationship between systemic explanations of trauma and crisis and how they impact the psychotherapeutic practice and world view of the therapist.

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MASTER OF MARRIAGE AND FAMILY THERAPY

CHILD AND ADOLESCENT THERAPY TRACK

60 Credit Hours

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Master of Marriage and Family Therapy
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MFTO 622: Systemic Play Therapy
An introduction to systemic play therapy.

MFTO 624: Family Therapy with Children and Adolescents
Survey of systemic approaches and techniques for child and adolescent problems with an emphasis on empirically supported theories.

MFTO 628: Assessment and Treatment of Childhood and Adolescent Disorders
A study of childhood and adolescent psychopathology, with an emphasis on diagnosis and assessment informed by a biopsychosocial-spiritual paradigm.

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MFTO 665: Family Therapy across the Life Cycle
Individual and family developmental stages with therapy skills emphasis for families, children, youth, and older adults.

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Elective
MFTO 616: Life Planning and Career Development
Students will learn and critically evaluate major career counseling theories. The social contexts of career development will be examined, and students will learn to integrate career counseling with psychotherapy. Students will learn to design, deliver, and evaluate comprehensive guidance programs.

Elective
MFTO 635: Group Psychotherapy
This course serves as an introduction to group psychotherapy as an effective therapeutic tool. The focus of the course is comprised of two main areas: (1) group formation, group dynamics, and group psychotherapy theories and principles, and (2) the development and role of the group psychotherapist him/herself. Topics such as spirituality, ethics, diversity, self-of-therapist issues, leadership, and theoretical frameworks for facilitating group psychotherapy will be presented.

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