

SARA E. SALKIL, Ph.D., LMFT (TX), IMFT-S (OH)

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Education

Ph.D., Marriage and Family Therapy, Texas Tech University (2010)

Dissertation: A Phenomenological Study of Women's Experiences in the Criminal Justice Aftercare System

M.MFT, Abilene Christian University (2006)

B.S. Marketing, Oklahoma State University (1999)

Administrative and Teaching Experience

Abilene Christian University

Assistant Dean, College of Graduate and Professional Studies, ACU Dallas (February 2018-Present)

Program Director, Online Marriage and Family Therapy Programs, ACU Dallas (Spring 2015-Present)

Northcentral University

Core Faculty (Summer 2014-Spring 2015)

Couples and Sex Therapy (MFT 6105), Families in Crisis (MFT 6106), Emotionally Focused Couples Therapy (MFT 8302), Law and Professional Ethics (MFT 5102), California Law and Professional Ethics (MFT 6201), Advanced Couples Therapy (MFT 8301)

Clinical Faculty (Summer 2014-Spring 2015)

Practicum I (MFT 6951), Practicum II (MFT 6952), Internship I (MFT 6991), Internship II (MFT 6992), Internship III and Capstone (MFT 6995)

Adjunct Faculty (Spring 2014-Summer 2014)

Couples and Sex Therapy (MFT 6105), Families in Crisis (MFT 6106)

Abilene Christian University

Assistant Professor (Fall 2010 – Summer 2014)

Internship (BMFT 602), Cultural Diversity (BMFT 663), Family Therapy I (BMFT 641), Internship - supervision (BMFT 602, 603, 605, 605), Family Therapy II (BMFT 661), Marital and Family Assessment (BMFT 645), Pre-Internship (BMFT 601), Professional Ethics and the Law (BMFT 643)

Lecturer (Fall 2009-Spring 2010)

Family Therapy I (BMFT 641), Addictive Disorders (BMFT 634), Family Therapy II (BMFT 661), Internship (BMFT 602), Marital and Family Assessment (BMFT 645), Professional Ethics and the Law (BMFT 643)

Adjunct Instructor (Spring 2008 – Spring 2009)

Family Therapy I (BMFT 641), Family Life Cycle (BMFT 662)

Texas Tech University

Part-time Graduate Instructor (Fall 2006 – Summer 2007)

Understanding Alcohol, Drugs, and Addictive Behaviors (ADRS 2310)

Research Experience

Texas Tech University Health Sciences Center

Southwest Institute for Addictive Diseases (Spring 2007 – Spring 2008)

-Conduct emergent research aimed at providing implementation data to medical professionals on screening, assessing, and treating mental health disorders for adolescents in Texas.

Texas Tech University

Dr. Kazuko Behrens (Fall 2006 – Fall 2007)

Administer the Adult Attachment Interview to research participants.

Dr. Sara Smock (Summer 2007)

Develop and prepare undergraduate Diversity in Community, Family, and Addictive Services course (CFAS 2360).

Abilene Christian University

Graduate Assistant for Dr. Jackie Halstead (Fall 2005 – Fall 2006)

Dr. Waymon Hinson (Summer 2005 - Summer 2006)

Faculty advisor on research project with Descendants of the Freedmen

Clinical Experience

Therapist, Deerfield Township Family Counseling Center (October 2016-Present)

Clinic Director, Marriage and Family Institute (Summer 2011-Spring 2014)

- Custodian of records for the Marriage and Family Institute.
- Maintain metrics regarding revenue, client traffic, and client satisfaction.
- Maintain database of client demographic information, as well as pre- and post-test data.
- Responsible for workflow and supervision of Clinic Coordinator.
- Implemented Electronic Medical Record charting system, Therapy Appointment.
- Upgraded NVR system.
- Developed off-site internship program in partnership with CitySquare.
- Developed Certificate in Practice Marketing and Development.

Highland Counseling Center

Co-Director (Fall 2010-Spring 2014)

-Maintain business aspects of Center, including referrals, billing, linkages with Executive Elders and Minister as well as provide individual, couple and family therapy.

Contract Therapist (Fall 2009 – Summer 2010)

-Provide individual and couples therapy for referrals from the community and local churches.

Texas Tech University Health Sciences Center

Southwest Institute for Addictive Diseases (Spring 2007 – Summer 2009)

-Facilitate bi-monthly group for mandated clients on federal probation who meet criteria for co-morbid disorders.

-Maintain a caseload of 20+ mandated clients while collaborating with the Federal Bureau of Prisons, Dismas Charities, Lubbock County Drug Court, and the United States Probation Office to provide behavioral health and substance abuse counseling services.

Texas Tech University

Family Therapy Clinic (Spring 2007 – Spring 2008)

- Maintain a caseload of individual, couple, and family cases with a variety of presenting clinical issues.
- Provide free counseling services to students in the Center for the Study of Addiction and Recovery.

Lubbock County Juvenile Justice Center (Fall 2006 – Spring 2007)

Facilitate weekly substance abuse group for adolescent boys using a harm reduction approach.

Juvenile Justice Alternative Education Program (Fall 2006 – Spring 2007)

Provide weekly individual counseling to junior high and high school students referred to the program for behavior problems.

Abilene Christian University

Marriage and Family Institute (Spring 2005 – Fall 2006)

- Completed 500+ hours of client contact, including 250 relational hours using an assortment of modalities including Structural, Bowenian, Emotionally Focused, Solution Focused, Internal Family Systems, and Cognitive Behavioral therapy.
- Received Certificate of Practice Management.

Supervised Research Projects

Craft, H., Passmore, K., Busby, S., & Jones, R. EFT and Hypnotherapy Techniques: Effects on Distress Remittance in Couples' Therapy (2014).

Robertson, J., Stephens, M., & Funk, K. An Integration of Mindfulness and Emotionally Focused Therapy (2014).

Austin, Z., Morcomb, L., Nix, M., & Smith, R. I Am What I Am: Comparing the Experiences and Perceptions of Gay and Lesbian University Students at Two Christian College Campuses (2013).

Ford, M., Hill, A., Clayton, R., & Burke, H. Hold Me Tight: The Efficacy of an Emotionally Focused Model of Couple Enrichment. (2013).

Passmore, A., Hale, M., Smith, J., & Watson, C. Hypnotherapy Techniques: Effects on Distress Remittance in Couples' Therapy. (2013).

Brown, A., & Griffin, P. (2012). Hold me tight: A pilot study on the efficacy of an Emotionally Focused model of marital enrichment.

Caudle, J., Heinzelman, L., Lawson, S. (2012). Deconstructing heterosexism: Stories of moving toward culturally competent practice.

Alexander, T., Burnette, K., Pye, D., Johnson, T., & Johnson, S. (2011). Attitudes of college-age students when seeking therapy for process addictions.

Rampy, S., Savage, E., & Campbell, A. (2011). A phenomenological study of family adjustment of refugees.

Close, T., Tyler, M., & Mennenga, K. (2010). Sexual orientation: Relationship between family processes and same-sex attraction among young adults.

Dissertation and Thesis Committee Experience

Perez, C. (2012-2013). How couples maintain a relationship after an affair: A grounded theory approach to couples' experience with forgiveness and trust. Texas Tech University.

Publications and Presentations

Laughton, M., & **Blakeslee Salkil, S.E.** (2015). Cultural Considerations in Adapting & Implementing Emotionally Focused Couples Therapy. Poster presented at the Annual Conference of the Ohio Association for Marriage and Family Therapy, Columbus, OH.

Goff, J.D., & **Blakeslee, S.E.** (2013). A Correlational Analysis of Solution-Building and Symptom Distress. Poster presented at the Annual Conference of the National Council on Family Relations, San Antonio, TX.

Blakeslee, S.E., & Arsenault, K.A. (2013). Take the Plunge: Teaching Cultural Competency Experientially. Poster presented at the Annual Conference of the American Association for Marriage and Family Therapy, Portland, OR.

Blakeslee, S.E., & Arsenault, K.A. (2013). Taking the plunge: Using experiential methods on the journey toward cultural competency. Workshop presented at the 5th Annual Conference on Higher Education Pedagogy, Blacksburg, VA.

Blakeslee, S.E., & Jordan, S.S. (2013). Solution-focused approach with American Indian clients. In J. Kim (Ed.), *Solution-Focused Brief Therapy: A Multicultural Approach to Working with Minority Clients*, 106-121. Thousand Oaks, CA: Sage.

Caudle, J., Heinzelman, L., Lawson, S., & **Blakeslee, S.E.** (2012). Deconstructing heterosexism: Stories of moving toward culturally competent practice. Poster presented at the Annual Conference of the Texas Association for Marriage and Family Therapy, Plano, TX.

Blakeslee, S.E., Goff, J.D., Brown, A., & Griffin, P. (2012). Hold me tight: A pilot study on the efficacy of an Emotionally Focused model of marital enrichment. Poster presented at the Annual Conference of the Texas Association for Marriage and Family Therapy, Plano, TX.

Alexander, T., Burnette, K., Pye, D., Johnson, T., Johnson, S., & **Blakeslee, S.E.** (2011). Attitudes of college-age students when seeking therapy for process addictions. Poster presented at the Annual Conference of the Texas Association for Marriage and Family Therapy, Austin, TX.

Rampy, S., Savage, E., Campbell, A., & **Blakeslee, S.E.** (2011). A phenomenological study of family adjustment of refugees. Poster presented at the Annual Conference of the Texas Association for Marriage and Family Therapy, Austin, TX.

- Blakeslee, S.E.,** Whiting, J.B., & Bitar, G.W. (September 2010). Relational Components of Women's Recovery in Aftercare. Poster presented at the Annual Conference of the American Association for Marriage and Family Therapy, Atlanta, GA.
- Close, T., Tyler, M., Mennenga, K., & **Blakeslee, S.E.** (2010). Sexual orientation: Relationship between family processes and same-sex attraction among young adults. Poster presented at the Annual Conference of the Texas Association for Marriage and Family Therapy, San Antonio, TX.
- Blakeslee, S.E.** (2010). Book Review: Attachment Theory and Research in Clinical Work with Adults. *Journal of Couple and Relationship Therapy, 9*, 270-271.
- Blakeslee, S.E.** (2009). Book Review: Hold Me Tight: Seven Conversations for a Lifetime of Love. *Journal of Couple and Relationship Therapy, 8*, 197-198.
- Hinson, W.R., **Blakeslee, S.E.,** Gregory, A.B., Roberts, L.R., Gregson, J., Schaub, J., & Lawson, L. (January 2005). Social Justice: Stories of Three African American Groups. Workshop presented at the Texas Association for Marriage and Family Therapy, Annual Conference, Houston, TX.
- Hinson, W.R., **Blakeslee, S.E.,** Parker, T., Harmon, D.T., Wylie, K., & Martin, B. (September 2007). The Practices of Social Justice, Therapy, and Advocacy. Workshop presented at the Christian Association for Psychological Studies, Annual International Conference, Valley Forge, PA.
- Hinson, W.R., Crawford, W., Robinson, E.J., **Blakeslee, S.E.,** Harmon, D.T., Mills, F. Jr., Oliver, J., Parker, T. (September 2007). The Prophets, to Jesus, to the 21st Century: Injustice and the Church's Engagement. Workshop presented at the Abilene Christian University Annual Lectureship, Abilene, TX.
- Blakeslee, S.E.,** Froerer, A.S., & Smock, S.A (November 2007). A Phenomenological Analysis of SFBT Group Training for HIV-positive Adults. Poster presented at the Fifth Annual Conference of Solution-Focused Practices, Toronto, ON, Canada.
- Froerer, A.S., **Blakeslee, S.E.,** Houghtaling, A.W., Seedall, R.B., Simon, K., & Smock, S.A. (November 2007). Solution-Focused Groups with Clients Diagnosed with HIV/AIDS. Workshop presented at the Fifth Annual Conference of Solution-Focused Practices, Toronto, ON, Canada.
- Froerer, A.S., Morgan, M., Simon, K., **Blakeslee, S.E.,** Seedall, R.B., Houghtaling, A.W., Wilkins, E., & Smock, S.A. (November 2007). Solution-Focused Groups with Clients Diagnosed with HIV/AIDS. Poster presented at the Fifth Annual Conference of Solution-Focused Practices, Toronto, ON, Canada.
- Blakeslee, S.E.,** Froerer, A.S., & Smock, S.A. (March 2008). Using Qualitative Methods to Analyze an SFBT Group Training Experience. Poster presented at the Texas Association for Marriage and Family Therapy, Annual Conference, Galveston, Texas.
- Froerer, A.S., Morgan, M., Simon, K., **Blakeslee, S.E.,** Seedall, R.B., Houghtaling, A.W., Wilkins, E., & Smock, S.A. (March 2008). Solution-Focused Group Format and Considerations for Clients Diagnosed with HIV/AIDS. Poster presented at the Texas Association for Marriage and Family Therapy, Annual Conference, Galveston, Texas.

Blakeslee, S.E., Froerer, A. S., & Smock, S. A. (2008). Therapy Implications: SFBT Training for HIV-Positive Clients. Poster presented at the 66th Annual Conference of the American Association for Marriage and Family Therapy, Memphis, TN.

Peer-Reviewed Publications

Blakeslee, S.E. (2012). Women's Experiences in the United States Criminal Justice Aftercare System. *Journal of Feminist Family Therapy, 24*, 139-152.

Smock, S.A., Froerer, A.S., & **Blakeslee, S.E.** (2011). Systemic Interventions in Substance Abuse Treatment: Past, Present and Future. *Journal of Family Psychotherapy, 22*, 177-192.

Blakeslee, S.E., & Martin, M.L. (2009). Influences on identity: A grounded theory approach to Descendants of the Freedmen. *Journal of Feminist Family Therapy, 21*, 271-283.

Invited Presentations

Blakeslee, S.E. Emotionally Focused Couples Therapy: The Art of Changing Interactional Positions, Abilene Association for Marriage and Family Therapy, June 2010.

Blakeslee, S.E. Two in a Million, Career and Life Planning (PSYC 100), April 2010.

Blakeslee, S.E., & Goff, J.D. LMFT Exam Prep Course, May & August, 2009; April 2010, Austin, TX.

Blakeslee, S.E. Fostering Emotional Engagement: Working Toward Second Order Change in EFT. Abilene Association for Marriage and Family Therapy, August 2009.

Professional Memberships and Licenses

Kappa Delta member, Nu Chapter, 2015

Lifetime member of the International Centre for Excellence in Emotionally Focused Therapy (ICEEFT) Abilene Association for Marriage and Family Therapy, 2009-2012

American Association for Marriage and Family Therapy, Approved Supervisor, 2010-Present

American Association for Marriage and Family Therapy, Clinical Fellow, 2009-Present

American Association for Marriage and Family Therapy, Associate Member, 2008

American Association for Marriage and Family Therapy, Student Member, 2004-2007

Texas Association for Marriage and Family Therapy, Clinical Member, 2009-2014

Texas Association for Marriage and Family Therapy, Associate Member, 2008

Texas Association for Marriage and Family Therapy, Student Member, 2004-2007

Solution Focused Brief Therapy Association, Student Member, 2007-2008

Licensed Marriage and Family Therapist - Texas, License No. 201073

Licensed Marriage and Family Therapist – Ohio, License No. 1300012

Ohio Association for Marriage and Family Therapy, Clinical Member, 2014-Present

Professional Service

Chair, MFT Professional Standards Committee, Ohio Counselor, Social Worker, and Marriage and Family Therapist Board (July 2017-Present)

Board member, Ohio Counselor, Social Worker, and Marriage and Family Therapist Board (November 2015-Present)

Member, Elections Council, American Association for Marriage and Family Therapy (2015-Present)

Mentor, AAMFT Minority Fellowship (Fall 2014-Spring 2015)

Co-Chair, 2013 Annual Conference Committee, Texas Association for Marriage and Family Therapy (2012-2013)
Secretary, Abilene Association for Marriage and Family Therapy (2011)
Ethics Committee, Texas Association for Marriage and Family Therapy (2010-2012)
Annual Conference Committee, Texas Association for Marriage and Family Therapy (2010-2013)
Family Therapy Education Committee, Texas Association for Marriage and Family Therapy (2009-2012)
Past President, Texas Association for Marriage and Family Therapy Student Association (2008- 2009)
By-Laws Committee Member, Texas Association for Marriage and Family Therapy (2008-2009)
President, Texas Association for Marriage and Family Therapy Student Association (2007-2008)
First Year Class Representative, Texas Tech Student Association of Marriage and Family Therapists, Texas Tech University, Lubbock, TX (2006-2007)
President-Elect, Texas Association for Marriage and Family Therapy Student Association (2006-2007)
First Year Class Representative, Department of Marriage and Family Therapy, Abilene Christian University, Abilene, TX (2004-2005)

Service to the University

Co-Chair, Task Force on Academic Quality Enhancement, ACU Dallas (Summer 2017-Present)
ACU Dallas, College of Graduate and Professional Studies Academic Council (Fall 2015-Present)
ACU Dallas, Graduate Council (Fall 2015-Present)
Northcentral University, Curriculum Sub-Committee (Fall 2014-Present)
Northcentral University, Faculty Interview Committee (Fall 2014-Present)
Abilene Christian University, Strategic Planning "Relational" Committee (Fall 2013)
Faculty Search Committee, Department of Marriage and Family Studies (Summer 2013-Spring 2014)
Abilene Christian University, Athletics Committee (Fall 2013-Spring 2014)
College of Biblical Studies Dean Search Committee (Fall 2012-Spring 2013)
Commencement, Nomenclator (December 2012, May 2013, August 2013, May 2014)
Devotional Speaker, Board of Trustees Breakfast, August 25, 2012
Judge for Graduate School Spring Research Competition (Spring 2012)
College of Biblical Studies Academic Council (Fall 2010-Spring 2012)
Faculty Search Committee, Department of Marriage and Family Therapy (Spring 2011-Spring 2012)

Service to the Church and Community

Speaker, ElderLink Midwest, Indianapolis, IN, April 2017
Speaker, ElderLink Midwest, Indianapolis, IN, April 2016
Come before Winter renewal, South Pacific, February-March 2016
Co-Director of the Highland church of Christ Counseling Center, Abilene, TX, 2010-2014
Hold Me Tight Relationship Enrichment Workshop, Kingwood church of Christ, Houston, TX, September 2012
Come Before Winter renewal, South Africa, May-June 2011
Hold Me Tight Relationship Enrichment Workshop, Exodus Metropolitan Community church, Abilene, TX, May 2011
Hold Me Tight Relationship Enrichment Workshop, Community of Abilene, TX, Fall 2011
Hold Me Tight Marriage Enrichment Workshop, Highland church of Christ, Abilene, TX, January 2011
Goff, J.D., & Blakeslee, S.E. *Surrendering Your Fear: Keys to Marital Intimacy*, Highland church of Christ, Abilene, TX, May 2010

Funding

Presidential Funding Application, Taking the Plunge: Using Experiential Methods on the Journey Toward Cultural Competency, Funded \$500, Spring 2013
Pursuit Travel Grant Application, Taking the Plunge: Using Experiential Methods on the Journey Toward Cultural Competency, unfunded Spring 2013
Cullen Grant, Taking the Plunge, Funded \$2000 and summer stipend, Summer 2012
National Institutes of Health Summer Institute on Randomized Clinical Trials Involving Behavioral Interventions, Unfunded
Fall 2010 Presidential Fund Award, for presentation at annual AAMFT conference, Atlanta, GA, 2010, Funded \$300

Scholarships and Honors

Graduate Faculty Member of the Year, College of Biblical Studies, 2013-2014
Service Recognition Award, Texas Association for Marriage and Family Therapy (2010)
Fellow, Minority Fellowship Program, American Association for Marriage and Family Therapy (2007-2009)
Health and Social Sciences Fellowship, Texas Tech University (2008-2009)
Pauline Bean Scholarship, Texas Tech University (2008-2009)
Cathy Campbell Sitzes Scholarship, Texas Tech University (2006-2008)
Outstanding Intern, Department of Marriage and Family Therapy, Abilene Christian University (2005-2006)
Outstanding Academic Achievement Award, Abilene Christian University (2006)
Outstanding First Year Student, Department of Marriage and Family Therapy, Abilene Christian University (2004-2005)

Related Experience

Certificate of Completion, Core Skills Plus, Cincinnati, OH, International Centre for Excellence in EFT, April 2016

Certificate of Completion, Gottman Institute, Level 1: Bridging the Couple Chasm, April 2014

Reviewer for the journal of *Counselling and Spirituality*, May 2014

Attendance at Texas Day at the Dome, Legislative Day, Austin, TX, Spring 2011, 2013

Attendance at Emotionally Focused Family Therapy Externship, The Ackerman Institute, New York City, NY, May 2011.

Attendance at AAMFT Division Leadership Conference, Alexandria, VA, Spring 2011 and Spring 2012

Abstract Reviewer, Texas Association for Marriage and Family Therapy, 2010.

Learn at Lunch Table Leader, Annual Conference for the Texas Association for Marriage and Family Therapy, San Antonio, TX, 2010.

Abstract Reviewer, American Association for Marriage and Family Therapy, 2006, 2008-2012.

Attendance at 28-hour Emotionally Focused Therapy Externship, May 2009, Houston, TX.

Attendance at Texas Association for Marriage and Family Therapy Leadership Retreat, September 2009, 2010, Austin, TX.

Attendance at Emotionally Focused Therapy Core Skills Training, October 2009, February 2010, Houston, TX.

Attendance at Kentucky Association for Marriage and Family Therapy workshop with Sue Johnson, October 2010, Louisville, KY.

Collegiality

Talkback guest for *The Glass Menagerie*, a production of the ACU Theater Department (Spring 2014)

Talkback guest for *Next to Normal*, a production of the ACU Theater Department (Fall 2013)

Lean in Reading Group, Adams Center for Teaching Excellence (Fall 2013-Spring 2014)

Talkback panelist for *Private Eyes*, a production of the ACU Theater Department (Spring 2013)

Coordinate Ministry Assessment testing process for Halbert Institute for Missions (2012-2014)

Coordinate Ministry Assessment test process for undergraduate DBMM majors (2010-2014)

Adams Center luncheon, *Love is an Orientation* reading group, 11/5/12, 11/12/12, 11/19/12

Panelist in Dr. Jennifer Shewmaker's Psychology Seminar class, 10/24/12

Adams Center luncheon, Larry James and City Square, 9/4/12

Adams Center Reading Group *The Winter of Our Disconnect*, Spring 2012, Dr. Scott Hamm and Dr. Al Haley

Attendance at Adams Center workshop, 4/19/11, Ethics of Data, Dr. Bob McKelvain and Dr. Richard Beck

Attendance at Adams Center workshop, 4/13/11, Tenure and Promotion Committee