



# Counseling and Health Services

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## SERVICES OFFERED

- Personal counseling
- Outpatient medical services

## UNIVERSITY COUNSELING CENTER

- Counseling and psychotherapy for individuals, couples and families
- Group therapy for eating disorders, sexual abuse, grief recovery, dysfunctional families, divorce, and alcohol/drug abuse
- Skill building workshops in areas like stress management, assertive communication, and social skills
- Consultation and educational workshops/seminars
- Personality and intelligence testing

## HEALTH SERVICES

- Medical assessment and treatment of illness
- Minor emergencies and acute injuries, including suturing and splinting
- Immunizations, including meningitis vaccine
- Nursing assessment and over-the-counter medicine treatment
- Tuberculosis skin testing (PPD)
- Crutches and wheelchair rental

## STAFF

- Steve Rowlands**, 1997, *interim director, Counseling Center*; B.A., University of New Mexico, 1992; M.MFT, Abilene Christian University, 1994; licensed marriage and family therapist.
- Tony Rector, D.O.**, 1999, *medical director*; B.S., Stephen F. Austin State University, 1982; D.O., Texas College of Osteopathic Medicine, 1988; board certified, American Osteopathic Board of Family Physicians, 1997.
- Karie Bragg**, 1998, *administrative coordinator*; executive secretary certificate, American Commercial College, 1987.
- Margaret Davis**, 1990, *counselor*; B.S., Abilene Christian University, 1962; M.S., ACU, 1990; licensed professional counselor; licensed psychological associate.
- Robin Dezern**, 1999, *nurse*; L.V.N., School of Vocational Nursing at Hendrick Medical Center.
- Angela Estes**, 1992, *nurse*; R.N., Mary Meeks School of Nursing, 1972; B.S.N., Abilene Christian University, 1998.
- Helen Marshall**, 1999, *counselor*; B.S., Abilene Christian University; M.S.W., University of Texas at Arlington.
- Pam Medulla**, 2000, *administrative coordinator for the medical clinic*.

## FOR MORE INFORMATION

### **About the Program**

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or Tony Rector, D.O., *Medical Director*  
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Counseling and Health Services  
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### **About ACU and Admissions**

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