

**BS: EXERCISE AND SPORT SCIENCE (FOR ALL-LEVEL TEACHER CERTIFICATION)
DEGREE PLAN (EXSS)**

UNIVERSITY CORE

Bible	
BIBL 101 Life and Teachings of Jesus	3
BIBL 102 Acts-Revelation	3
BIBL 211 Message of the Old Testament	3
BIBL 212 Christianity in Culture	3
Advanced Bible	3
English	
ENGL 111 Composition and Rhetoric	3
Literature – choose one: ENGL 221, 231, 262	3
Speech	
COMS 111 Fundamentals of Communication	3
History	
HIST 221 American History I	3
Science	
BIOL 291/293 Anatomy and Physiology I Lecture/Lab	4
Science course from a different field	3
Mathematics	
≥ MATH 120	3
Exercise Science	
EXSC 121 Theory and Practice	1
EXSC 122 Theory and Practice	1
EXSC 244 Theory and Practice	1
EXSC 245 Theory and Practice	1
UNIV 100 University Seminar	1
TOTAL UNIVERSITY CORE	42

BS DEGREE CORE

English	
ENGL 112 Composition and Literature	3
Social Sciences/Humanities	
Choose 9 hours from: ANTH, ECON (also AGRB 261), GEOG, HIST, PHIL, POLS, PSYC, SOCI (one course per area)	9
Fine Arts	
Choose one: ART 101, MUSM 230, THEA 220 or THEA 250	3
TOTAL BS CORE	15

MAJOR REQUIREMENTS

Exercise Science	
EXSC 100 Lifetime Wellness	1
EXSC 110 Introduction to Exercise Science	2
EXSC 232 Kinesiology	3
EXSC 241 First Aid/CPR	3
EXSC 333 Elementary School Physical Education	3
EXSC 334 Elementary Physical Education Design	3
EXSC 361 Health Fitness Evaluation	1
EXSC 464 Advanced Theory and Practice (one credit course – repeat 3 times)	3
EXSC 470 Organization and Administration of Secondary Physical Education	3
EXSC 476 Application and Evaluation of Secondary Physical Education	3
EXSC 490 Adapted Physical Education	3
EXSC 498 Analysis, Diagnostics and Demonstration	3
Choose one advanced selection from: EXSC 390,471, 491; HED 324, 405; NUTR 224, PSYC 342	3
TOTAL	34

SUPPLEMENT FOR MAJOR

Literature: ENGL 222, 232, 263*	3
READ 322 Reading in Secondary Content Areas	3
TECH 210 Technology in Education	3
TOTAL	9

**The student must continue the sequence chosen for the University Core.*

PROFESSIONAL EDUCATION REQUIREMENTS

EDUC 211 Educational Foundations and Multicultural Perspectives	3
EDUC 221 Educational Psychology	3
EDUC 412 Secondary Curriculum and Media	3
EDUC 432 Secondary Management and Methods	3
Choose 6 hours from:	
EDUC 490 Student Teaching: Elementary	6
EDUC 491 Student Teaching: Middle School	6
EDUC 492 Student Teaching: High School	6
TOTAL	18

CRITERIA FOR ADMISSION TO TEACHER EDUCATION

Before taking more than 6 hours of any combination of EDUC, EACH, SPED or READ classes, a student must first be admitted to the Teacher Education Program.

To be admitted to the Teacher Education Program, a student must:

1. Complete and submit an application for admission into the Teacher Education Program;
2. Complete at least 60 semester hours of credit;
3. Have a minimum Grade Point Average (GPA) of 2.7;
4. Complete 9 hours of English if elementary or middle school major; complete 12 hours of English if secondary or all-level major; no grade lower than a "C" accepted;
5. Pass all three sections of the Texas Higher Education assessment (THEA) test, with a score on the reading section of 260 or higher, a score on the math section of 240 or higher and a score on the writing section of 220 or higher;
6. Have three written recommendations from faculty members who are familiar with the student's work and can discuss the student's potential as a teacher;
7. Complete an interview with the Teacher Education Admission and Review Committee;
8. Receive approval from the Teacher Education Admissions and Review Committee.

Any exemptions or modifications to the above requirements due to special circumstances must be requested through the chair of the Department of Curriculum and Instruction. All requests will be reviewed and must be approved by the Teacher Education Admissions and Review Committee. In addition, admission to teacher education is not the final step in the process. In order to remain in the program, the prospective teacher must continue to meet the GPA requirement (2.7). Approval to take Education Block classes (411/412 and 431/432) and to enroll in student teaching must be obtained from the Teacher Education Admissions and Review Committee before enrolling in those classes.

ELECTIVES

Minimum	10
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OTHER GRADUATION REQUIREMENTS

Minimum grade for EDUC 412 and 432	B
Minimum GPA for graduation	2.7
Minimum advanced hours	33
Minimum total hours	128

*Courses numbered 0** do not count in minimum hours required for degree.*