

BS: EXERCISE SCIENCE DEGREE PLAN (EXSC)	
UNIVERSITY CORE	
Bible	
BIBL 101 Life and Teachings of Jesus	3
BIBL 102 Acts-Revelation	3
BIBL 211 Message of the Old Testament	3
BIBL 212 Christianity in Culture	3
Advanced Bible	3
English	
ENGL 111 Composition and Rhetoric	3
Literature	3
Speech	
COMS 111 Fundamentals of Communication	3
History 100-299	
Science*	
Health Promotion Track: BIOL 291 and CHEM 113 or Pre-Physical Therapy, Pre-Occupational Therapy Tracks: BIOL 112 and CHEM 133 ...	6
Mathematics	
≥ MATH 120	3
Exercise Science	
EXSC 100 Lifetime Wellness	1
EXSC 206 Strength Training	1
Choose one: EXSC 211, 215, 216, EXSW 214 or 226	1
One activity	1
UNIV 100 University Seminar	1
TOTAL UNIVERSITY CORE	41
*Track specific. Align with continuation in tracks.	
BS DEGREE CORE	
English	
ENGL 112 or 326 or literature	3
Social Sciences/Humanities	
PSYC (approved by advisor)	3
Choose from: anthropology, economics (also AGRB 261), geography, history, philosophy, political science, sociology (maximum one course per area)	6
Fine Arts	
Choose one: ART 101, MUSM 230, THEA 220 or THEA 250	3
TOTAL BS CORE	15
MAJOR REQUIREMENTS	
Exercise Science	
EXSC 232 Kinesiology	3
EXSC 241 First Aid/CPR	3
EXSC 321 Laboratory I or EXSC 322 Laboratory II	1
EXSC 360 Leadership and Management for Health Promotion	3
EXSC 420 Exercise Science Internship	6
EXSC 421 Laboratory III	1
EXSC 460 Program Planning for Health Promotion	3
EXSC 471 Exercise Physiology	3
EXSC 472 Physiological Assessment	3
EXSC 473 Cardiovascular Physiology	3
EXSC 498 Analysis, Diagnostics and Demonstration	3
HED 112 Personal Health and Human Disease	3
HED 324 Drug Education	3
TOTAL	38
TRACKS	
Health Promotion (EXHP)	
BIOL 292/294, 293, 448	8
CHEM111 Introductory Chemistry Laboratory	1
CHEM 112/114 Intro. Organic and Biological Chemistry Lecture/Lab	4
EXSC 321 Lab I or EXSC 322 Lab II (complete sequence from major)	1
EXSC 390 Training Program Design	3
MGMT 330 Management and Organizational Behavior	3
NUTR 221 Introductory Nutrition	3
NUTR 224 Nutrition for Exercise and Sport	3
TOTAL: Health Promotion	26
Pre-Physical Therapy (EXPT)	
BIOL 113/115, 114, 491/493, 492/495	13
CHEM 131 General Chemistry I Laboratory	1
CHEM 132/134 General Chemistry II Lecture/Lab	4
PHYS 110/111 General Physics I Lecture/Lab	4
PHYS 112/113 General Physics II Lecture/Lab	4
PSYC 311 or MATH 377 or BIOL 483 or SOCI 416 (statistics)	3
TOTAL: Pre-Physical Therapy	29
Pre-Occupational Therapy (EXOT)	
BIOL 114 General Biology I Laboratory	1
BIOL 291/293 Anatomy and Physiology I Lecture/Lab	4
BIOL 292/294 Anatomy and Physiology II Lecture/Lab	4
CHEM 131 General Chemistry Laboratory	1
PHYS 110/111 General Physics I Lecture/Lab	4
PSYC 311 or MATH 377 or BIOL 483 or SOCI 416 (statistics)	3
TOTAL: Pre-Occupational Therapy	17
ELECTIVES	
Minimum	
Health Promotion	8
Pre-Physical Therapy	5
Pre-Occupational Therapy	17
OTHER GRADUATION REQUIREMENTS	
Minimum GPA for graduation	2.50
Minimum advanced hours	33
Minimum total hours	128
Courses numbered 0** do not count in minimum hours required for degree.	